

# Northeast Taekwon-Do Academy

## 2015 Class Schedule

369 Duaneburg Rd. Rotterdam, NY

356-KICK

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12:noon ADULT Open		12:noon ADULT Open			
	4:30pm JUNIOR Red & Higher		4:30pm JUNIOR Red & Higher		10:30am MIXED All Belts
5:30pm JUNIOR OPEN		5:30pm JUNIOR OPEN	5:30PM Lil' Dragons	5:30pm MIXED Yellow & Higher	
6:30 Adult Open	6:15pm JUNIOR White - Purple	6:30 Adult Open	6:15 pm JUNIOR White - Purple		
and Junior Advanced	7:00 pm MIXED Adult Open & Jr Adv.	and Junior Advanced	7:00 pm MIXED Adult Open & Jr Adv.		

**JUNIOR:** Ages 7-12

**LITTLE DRAGONS:** Ages 4 - 6

**ADULT:** Ages 13 & Up

**MIXED:** JUNIORS & ADULTS

**OPEN:** All Belts